

Tucson Orthopaedic Injection/Pain Management Suite
Spinal Injections/Pain Management

Dear Patient,

Thank you for choosing Tucson Orthopaedic Institute for your Pain management. We are providing you this packet of information with preliminary instructions for your procedure that is going to be scheduled with Dr. Scott Goorman.

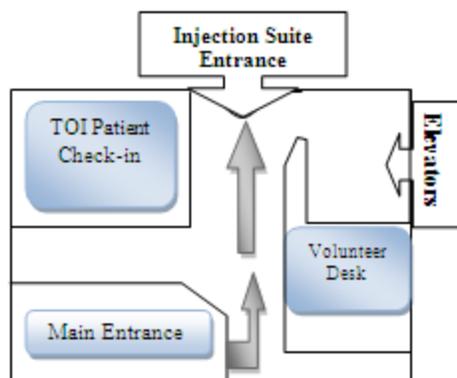
It has been recommended by Dr. Goorman or one of the Tucson Orthopaedic Physicians that you be scheduled for a pain management procedure. You will receive a phone call from the scheduler within 3 to 5 days to schedule you for this injection. If you do not hear from her after 5 days you can call her at (520)784-6466. She will let you know at that time if your insurance requires prior authorization.

Once a date for your procedure has been chosen you will get verbal instructions and if time allows, you will receive a letter to confirm your date and arrival time.

Do not eat or drink anything for 1 hour prior to your procedure.

If you are taking any ASPIRIN or medications with ASPIRIN in it or any blood thinning medications such as COUMADIN, PLAVIX or PRADAXA it is required that it be stopped 5 days prior to the scheduled injection to avoid being cancelled. If you have any know allergies to contact or dye materials, steroids, or lidocaine, please inform us prior to your procedure. Make sure to take your blood pressure medications.

- All injections are performed at Tucson Orthopedic Institute Pain Management Suite in the new TMC Orthopaedic and Surgery Tower on the 1st floor at 5301 E. Grant Road on the first floor.



- Your physician's surgery scheduler will call your insurance company prior to scheduling your procedure to check if your insurance has any prior authorization or notification policies that will need to be followed. Please note that some insurance companies can take up to 2 to 3 weeks to approve this type of procedure. Our patient account reps will verify benefits and eligibility to make sure that your insurance policy is active.
- It is required by Dr. Goorman that you **MUST HAVE A FRIEND OR FAMILY MEMBER AVAILABLE TO DRIVE YOU HOME AFTER YOUR PROCEDURE.** Failure to make these arrangements will result in cancellation of the procedure.
- The Tucson Orthopaedic Institute Physician that ordered your procedure may request to see you for a follow up appointment, after your pain management procedure. Please make sure that your appointment is scheduled with the physician that has requested the injection.
- If you are planning on scheduling any subsequent injections with Dr. Goorman, please contact your original ordering physician's medical assistant to make that request. An order will be generated and you will be contacted by the scheduler to schedule, as noted above. Please call (520)784-6200 and ask for your physician's medical assistant. **Please note that the scheduler will not be able to schedule your injection until she has an order from your physician.**
- On the day of your procedure you will need to bring a copy of your insurance card, list of your current medications, and a Picture ID.

Please be aware that sometimes due to equipment problems, procedures being cancelled, or other medical issues we unfortunately have to make changes to procedure times. You will be contacted by our office if a change occurs.